

# It makes everything seem urgent

You may want to switch off, but the world behind your smartphone keeps going. Sounds and movements can create a strong sense of urgency and they catch you in those moments when you are wondering what to do next.

### **The Push Notification**

A banner on your homescreen to notify you of something new.



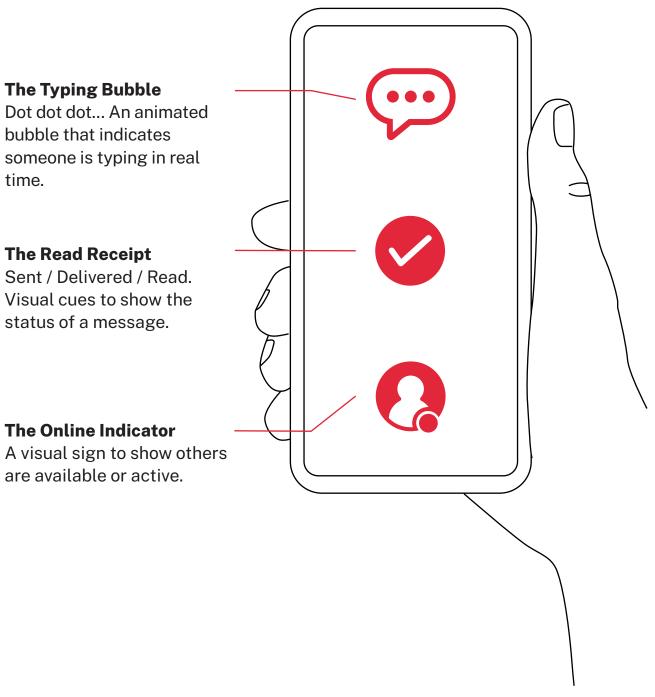


How else does your phone distract you when you are trying to concentrate?



## It builds anticipation

Waiting for an answer that is not coming? These design features show somebody is there, even if that might not be the case.





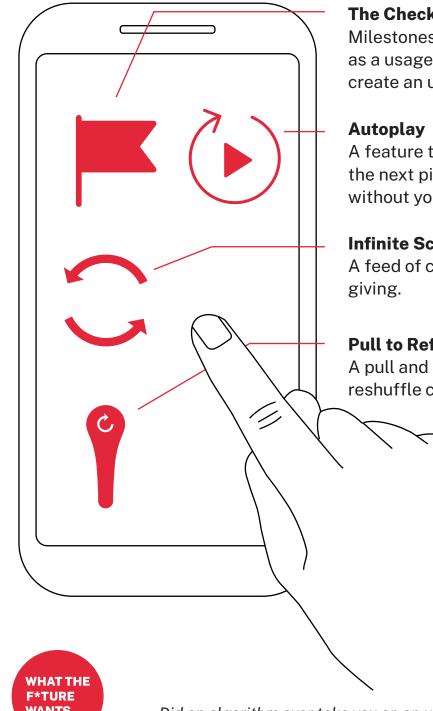
How do you feel when someone reads your message but does not respond?

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### It makes it easy to keep scrolling

There is no dead end on the internet. Frictionless design combined with bottomless content and personalised feeds means that you can stay online for hours without noticing.



#### **The Checkpoint**

Milestones in games and apps (such as a usage streak or new level) that create an urge to keep going.

A feature that automatically delivers the next piece of content to you without you having to click.

### **Infinite Scroll**

A feed of content that just keeps

### Pull to Refresh

A pull and release action to fetch and reshuffle content.

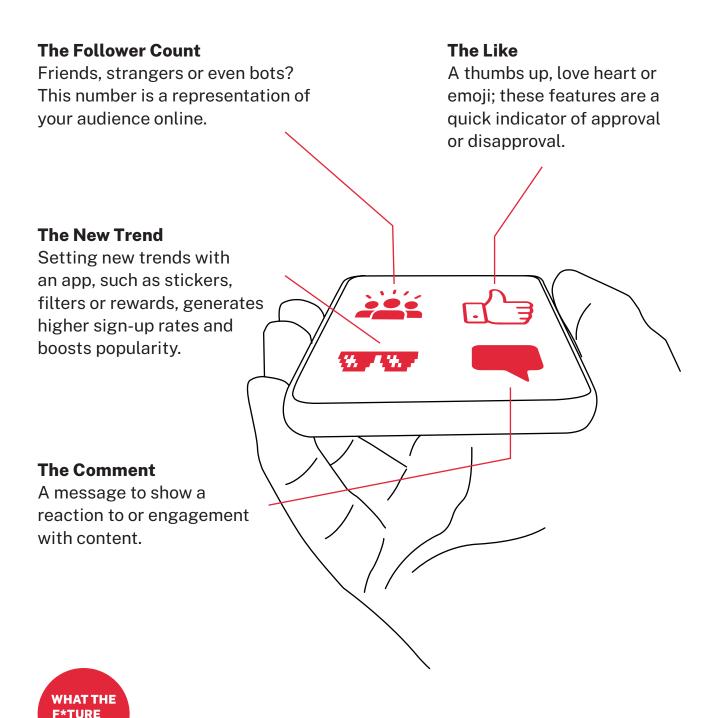


Did an algorithm ever take you on an unexpected content journey?



# It plays with your emotions

Everybody wants to belong. These features play with our basic need for acceptance by giving us popularity or taking it away.





WANTS

Have you ever felt upset because not enough people engaged with your post?



### It misleads you

Some features are designed to distract, bewilder or cover up. As opposed to keeping you hooked, these features try to get in your way so that you do not see what is hiding underneath.

### **The Privacy Policy**

A legal, usually long, data contract that you have to "agree" to if you want to use the service.

Accept All

A quick catch all button, often for cookies, that gets in your way

and diverts your attention away

from other permissions.

### **Confirmation Shaming**

Whether it is a newsletter or an advert, this feature shames you to opt in, usually by making the opt out button judgmental in tone.

#### **Deletion or Deactivation**

All apps have a 'delete' or opt out feature, but sometimes it is intentionally hard to find.

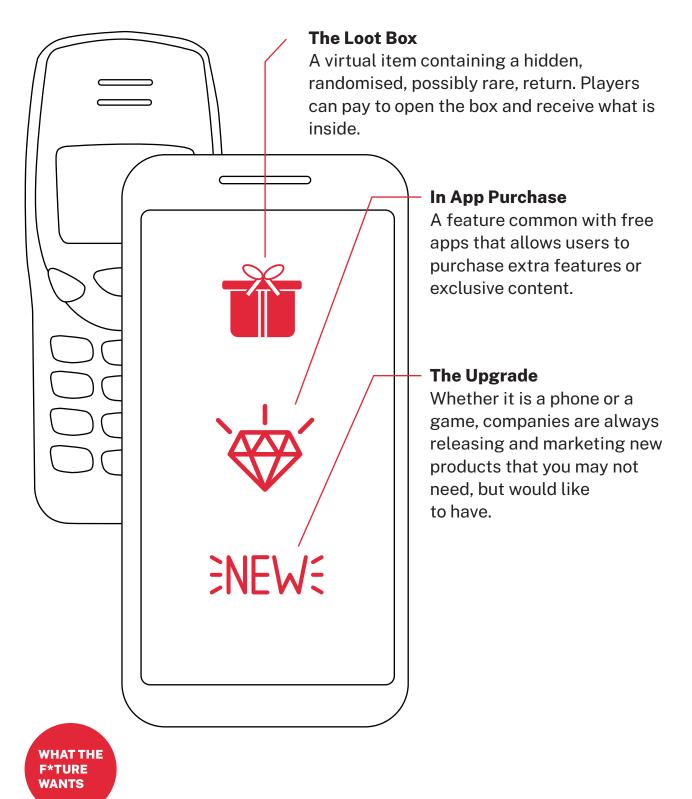


When was the last time you read and understood a privacy policy?



## It helps you level up

Sometimes design draws us in by presenting the latest, shiny, better version of what you already have. Usually you can upgrade, but it comes at a cost.



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When was the last time you bought a new feature or device?

